



The Stations of the Cross



Good Friday

April 10, 2020

Opening Sentences

Blessed be our God.

People For ever and ever. Amen.

Let us pray.

Almighty God, we pray you graciously to behold this your family, for whom our Lord Jesus Christ was willing to be betrayed, and given into the hands of sinners, and to suffer death upon the cross; who now lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Passion of our Lord Jesus Christ according to John.

John 18:1-19:42

Sermon

The Rev. Andrew Goldhor

Hymn

At the Cross Her Vigil Keeping BH 159

The Stations

Station 1 **Jesus is Condemned to Death**

We adore you O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

Jesus was accused of many crimes he did not commit. He told the truth, but did not fight back.

Jesus faced his death:

Because he knew God's love was stronger than death.

Prayer: Jesus, I often get defensive when I did something wrong. Help me be honest, and not to accuse others of things they have not done.

Trisagion

*Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy on us.*

Station 2 **Jesus Takes Up His Cross**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

The cross was big and heavy. It was hard for Jesus to carry it, and Jesus carried it without complaining once.

Jesus carries the heaviness of our sins:

He died that we might be freed from our sins.

Prayer: Sometimes school or work or things at home are hard for me and I complain. Jesus, help me not to complain. I want to keep trying, even when I find something hard.

Trisagion

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Station 3 **The Cross is Laid on Simon of Cyrene**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

Simon didn't come to help Jesus but to see what was going on. Then he ordered by the soldiers to carry the cross, because Jesus was having such a hard time.

Whoever carries his own cross and comes after me:

Will be my disciple.

Prayer: Sometimes I don't want to help my friends or family or co-workers when I know I should. Jesus, help me know that when I do help others, it is like helping you. I want to be kind and helpful.

Trisagion

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Station 4 **Jesus Meets the Women of Jerusalem**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

A lot of people were against Jesus, but a lot of people, especially women, followed him. They were his faithful friends.

Those who sow with tears:

Will reap with songs of joy.

Prayer: Help me to be a faithful friend. When my friends are going through a hard time or are being made fun of, I want to help them and be a true friend.

Trisagion

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Station 5 **Jesus is Stripped of His Garments**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

To be without clothes in front of everyone is a humiliating thing. Jesus wasn't ashamed because he knew his father in heaven loved him and everyone else who was there.

They gave me bitter herbs to eat:

And when I was thirsty they gave me vinegar to drink.

Prayer: Jesus, I want to know how much you and the Father love me, so I will never be ashamed.

Trisagion

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Have mercy on us.***

Station 6 **Jesus is Nailed to the Cross**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

The soldiers drove nails through Jesus hands and feet. They lifted up the cross and put it in place. Jesus was in a lot of pain.

They pierce my hands and my feet:

They stare and gloat over me.

Prayer: Many people suffer pain every day from being sick, hungry, poor, and because of war or disasters or a pandemic. Jesus, please comfort everyone who is sick or in pain today.

Trisagion

***Holy God,
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Have mercy on us.***

Station 7 **Jesus Dies on the Cross**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

Jesus cried out in a loud voice, “Father, I give you my life.” He bowed his head and died.

Christ was faithful even to his death:

Even death on a cross.

Prayer: Sometimes people say or do hurtful or mean things to us, or don’t help us when we need them. Jesus, help me forgive everyone like you did. Help me not to hold a grudge against someone who has hurt me.

Trisagion

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Station 8

The Body of Jesus is Placed in the Arms of His Mother

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

Come, look at me and see. Is there any pain like mine? My eyes are weak from crying. I am troubled. I feel as if I have been poured out on the ground because my people have been destroyed.

Her tears run down her cheeks:

And she has none to comfort her.

Prayer: Jesus, you have told us to love one another like a family. Help me to love and care for people who are sick or scared, like I do for my family.

Trisagion

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Station 9 **Jesus is Laid in the Tomb**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

Joseph of Arimathea gave Jesus his own burial cave because Jesus didn't have a place to be buried. Joseph was another one of Jesus' friends who took a risk to help him.

Jesus will never leave us:

You live in us forever.

Prayer: Even when things look very difficult and sad, there is always hope that God can bring new life.

Trisagion

***Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy on us.***

All: They divide my garments among them; they cast lots for my clothing.

Psalm 22:1-11

- 1 My God, my God, why have you forsaken me? *
and are so far from my cry
and from the words of my distress?
- 2 O my God, I cry in the daytime, but you do not
answer; *
by night as well, but I find no rest.
- 3 Yet you are the Holy One, *
enthroned upon the praises of Israel.
- 4 Our forefathers put their trust in you; *
they trusted, and you delivered them.
- 5 They cried out to you and were delivered; *
they trusted in you and were not put to shame.
- 6 But as for me, I am a worm and no man, *
scorned by all and despised by the people.
- 7 All who see me laugh me to scorn; *
they curl their lips and wag their heads, saying,
- 8 "He trusted in the LORD; let him deliver him; *
let him rescue him, if he delights in him."
- 9 Yet you are he who took me out of the womb, *
and kept me safe upon my mother's breast.

10 I have been entrusted to you ever since I was born; *
you were my God when I was still in my mother's
womb.

11 Be not far from me, for trouble is near, *
and there is none to help.

All: They divide my garments among them; they cast
lots for my clothing.

(The final candle is taken from the sanctuary)

Savior of the world, by your cross and precious
blood you have redeemed us:
Save us, and help us, we humbly ask you, O Lord.

Let us pray. (silence)

Lord Jesus Christ, Son of the living God, we pray
you to set your passion, cross, and death between
your judgment and our souls, now and in the hour
of our death. Give mercy and grace to the living;
pardon and rest to the dead; to your holy Church
peace and concord; and to us sinners everlasting life
and glory; for with the Father and the Holy Spirit
you live and reign, one God, now and
forever. ***Amen.***

Following the closing prayers, the people depart in silence.



the
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