

Redeemer Together



Church of Our Redeemer's Fall Retreat

October 23-25, 2020

Kate Ekrem is inviting you to a scheduled Zoom meeting.

Topic: Retreat Compline

Time: Oct 23, 2020 07:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/87440161609?pwd=enJRWC9zc3hoYk5rOU5oY1JQWUJyQT09>

Meeting ID: 874 4016 1609

Passcode: 700373

One tap mobile

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Dial by your location

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Check-In

“Radical self-care is quantum, and radiates out into the atmosphere, like a little fresh air. It is a huge gift to the world. When people respond by saying, ‘Well, isn’t she full of herself,’ smile obliquely, like Mona Lisa, and make both of you a nice cup of tea.”

—Ann Lamott

How have you been practicing self-care recently? What can we keep in prayer for you?

Friday Night Prayer

from the New Zealand Prayer Book

Approach

Presider The angels of God guard us through the night,

People **and quieten the powers of darkness.**

Presider The Spirit of God be our guide

People **to lead us to peace and to glory.**

Presider It is but lost labor that we haste to rise up early, and so late take rest, and eat the bread of anxiety. For those beloved of God are given gifts even while they sleep. [Silence.] My brothers and sisters, our help is in the name of the eternal God,

People **who is making the heavens and the earth.**

Presider Dear God, thank you for all that is good, for our creation and our humanity, for the stewardship you have given us of this planet earth, for the gifts of life and of one another, for your love which is unbounded and eternal.

O thou, most holy and beloved, my Companion, my Guide upon the way, my bright evening star. We repent the wrongs we have done.

Presider We have wounded your love.

People **O God, heal us.**

Presider We stumble in the darkness.

People **Light of the world, transfigure us.**

Presider We forget that we are your home.

People **Spirit of God, dwell in us.**

Presider Eternal Spirit, living God, in whom we live and move and have our being, all that we are, have been, and shall be is known to you, to the very secret of our hearts and all that rises to trouble us. Living flame, burn in us, cleansing wind, blow through us, fountain of water, well up within us, that we may love and praise in deeds and in truth.

Presider Eternal Spirit, flow through our being and open our lips,
People **That our mouths may proclaim your praise.**

Presider Let us worship the God of love.
People **Alleluia, alleluia.**

Psalm 134

- 1 We your servants bless you, O God,
as we stand by night in your house.
- 2 We lift up our hands towards the holy place,
and give you thanks and praise.
- 3 Bless us from all places where you dwell,
O God, creator of the heavens and the earth

Reading

Ephesians 3:16-19

According to the riches of God's glory, may you be strengthened with might through the Holy Spirit in your inner being, and my Christ dwell in your hearts through faith; that you, being rooted and grounded in love, may have power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ which surpasses knowledge; that you may be filled with all the fullness of God.

Presider Into your hands, O God, I commend my spirit;
People **For you have redeemed me, O God of truth and love.**

Presider Keep me, O God, as the apple of your eye;
People **Hide me under the shadow of your wings.**

ALL **Preserve us, O God, while waking, and guard us while sleeping; that awake we may watch with Christ, and asleep we may rest in your peace. Praise be to God, I have lived to see this day. God's promise is fulfilled,**

and my duty done. At last you have given me peace, for I have seen with my own eyes the salvation you have prepared for all nations - a Light to the world in its darkness, and the glory of your people Israel. Glory be to God, sustaining, redeeming, sanctifying, as in the beginning, so now, and forever. Amen.

Preserve us, O God, while waking, and guard us while sleeping; that awake we may watch with Christ, and asleep we may rest in your peace.

Presider Lord, have mercy.

People **Christ, have mercy.**

Presider Lord, have mercy.

The Lord's Prayer (say together)

Eternal Spirit, Earth-maker, Pain-bearer, Life-giver, Source of all that is and that shall be, Father and Mother of us all, Loving God, in whom is heaven: The hallowing of your name echo through the universe! The way of your justice be followed by all the peoples of the world! Your heavenly will be done by all created beings! Your commonwealth of peace and freedom sustain our hope and come on earth. With the bread we need for today, feed us. In the hurts we absorb from one another, forgive us. In times of temptation and test, strengthen us. From trials too great to endure, spare us. From the grip of all that is evil, free us. For you reign in the glory of the power that is love, now and forever. Amen.

Presider Lord, it is night. The night is for stillness. Let us be still in the presence of God. It is night after a long day. What has been done has been done; what has not been done has not been done; let it be. The night is dark. Let our fears of the darkness of our world and of our own lives rest in you. The night is quiet. Let the quietness of your peace enfold us, all dear to us, and all who have no peace. The night heralds the dawn. Let us look expectantly to a new day, new joys, new possibilities. In your name we pray. **Amen.**

ALL **O God, strengthen your servants with your heavenly grace, that we may continue yours for ever, and daily increase in your Holy Spirit more and more, until we come to your everlasting kingdom.**

Presider The divine Spirit dwells in us.

People **Thanks be to God**